

Staying Strong,

TANTRAMAR COMMUNITY



Sackville Waterfowl Park

The **Tantramar COVID-19 Task Force** was established by MLA Megan Mitton, the mayors of Dorchester, Port Elgin, and Sackville, and the Chief of the Fort Folly First Nations with representatives from rural areas of Tantramar. The Task Force is made up of community volunteers working together to assist all residents of Tantramar with the short and long-term issues arising from the COVID-19 pandemic. We are your friends and neighbours, thinking of you constantly, gathering information to help us all get through the pandemic. Your community is here to help you during these challenging times so please text, call, or e-mail any of the listed resources based on your needs.

COVID-19 Vaccines

The information within this handout is all in line with the scientific information and communications being circulated by the Government of NB, Dr. Jennifer Russell, and NB Health Minister Dorothy Shephard.

What is vaccination and why do I need the COVID-19 vaccine?

Vaccination is a simple, safe, and effective way of protecting people by building a person's immune system to viruses. Public vaccination programs have saved lives and prevented infections in Canada and around the world for decades.

The COVID-19 vaccine prevents infection and decreases the severity of infection.

Getting vaccinated protects you, the people you love, and others around you, particularly people at increased risk for severe illness from COVID-19.

Vaccines help lower your risk of infection by working with the body's natural defenses to develop immunity to disease.

Approved vaccines in Canada

Pfizer-BioNTech (2 doses)
Moderna (2 doses)
AstraZeneca/Covishield (2 doses)
Johnson & Johnson (single dose)

You will be told which vaccine is being offered at your clinic, but given limited supplies of vaccine at this time, it is unlikely that anyone will have an option about which vaccine they can receive.

Can the vaccine give you COVID?

No, the vaccine does not contain the virus, and therefore the vaccine does not cause infection. The current vaccines authorized in Canada help your body recognize a protein that is found on the SARS-CoV-2 coronavirus, which helps your body develop specific antibodies that will fight the virus if you are exposed to it.

NB Vaccine Rollout

MARCH 2021

Ages: 85 & older | 80-84 | 75-79
First responders
Regularly cross-border workers
Health-care workers & professionals
Complex medical conditions

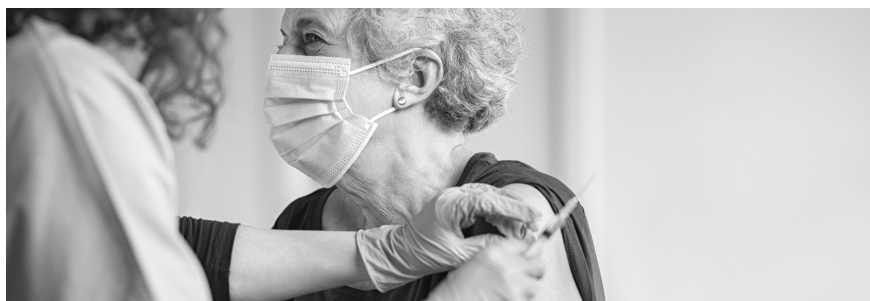
APRIL/MAY 2021

Ages: 70-74 | 65-69 | 60-64
Residents & staff of communal settings
Home Care Workers
Large employers
Extra-Mural patients (housebound)
Individuals aged 40-59 with three or more select chronic conditions

JUNE 2021

Ages: 50-59 | 40-49 | 30-39 |
20-29 | 16-19
Large employers

Source for information on COVID-19
vaccination and NB rollout:
www.gnb.ca/COVID19vaccine



Frequently asked questions about the COVID-19 vaccine

Information source: www.gnb.ca/COVID19vaccine

Can I get vaccinated after my group has passed?

- Yes, once you become eligible, you are always eligible.

Are there side effects to the vaccination?

- Mild to moderate side effects (e.g. soreness at injection site, fever or chills, tiredness, headache) from the vaccine can occur but are very short-term. These are common side effects of vaccines and do not pose a risk to health.
- As with all vaccines, there is a rare chance that a serious side effect could occur. Be sure to contact a medical practitioner if any severe side effects occur after vaccination and have it reported to public health.

Do I need to go to the same pharmacy for both doses?

- No, but at the time you make your appointment for the first dose, you will be offered an appointment for your second dose, about 14 weeks later.

Could there be changes to the timing of vaccinations for some groups?

- NB's vaccination plan may change based on vaccine availability and on updated guidance from Public Health.

Arrive prepared for the vaccine

When preparing for your vaccination appointment, here are some things to keep in mind:

- Fill out an immunization consent form (preferably before your arrival at the pharmacy/clinic).
- Please wear short sleeves.
- Bring your Medicare card.
- If you have COVID-19 symptoms, please stay home and call the pharmacy.
- Wearing a face covering is mandatory while indoors.
- Only the person with an appointment should attend, with some exceptions (translator, caregiver, parent).

Vaccine accessibility

Rural Rides Tantramar

Urban/Rural Rides can help provide transportation to vaccine centres in your community | Call 962-3073

Tantramar Veteran's Memorial Civic Centre (182 Main St. Sackville)

Currently, this space is used as a testing centre for COVID-19 (to request a test go to www.gnb.ca/coronavirus or call Tele-Care at **811** and choose Sackville as your testing location).

Once the ice is removed, that surface will begin being used for mass vaccination.

Pharmacies in the Tantramar area that are vaccination sites:

Only call the pharmacy to book an appointment if you are eligible to receive the vaccine according to the NB priority grouping guidelines.

Guardian - The Corner Drug Store

*Vaccine registration available online at www.thecornerdrugstore.ca
106 Main Street, Sackville
536-2255

Jean Coutu - Sackville

197 Main Street, Sackville
536-0230

Guardian - Village Pharmacy

13 East Main Street, Port Elgin
538-2333

Familiprix - Memramcook

150 La Vallée Rte, Memramcook
758-1890

Guardian - Cap-Pelé

2680 Acadie Street, Cap-Pelé
577-4716

Jean Coutu - Cap-Pelé

2562 Acadie Road, Cap-Pelé
332-9000